



The ways of Flow

Experience the Enneagram Levels of Development

30 March-1 April 2012

<i>Retreat Intention:</i>	2
<i>Pre-requisites:</i>	3
<i>Content</i>	3
<i>Experiential Process</i>	3
<i>Facilitators</i>	4
<i>Logistics and Costs</i>	6
<i>Retreat Outline</i>	6



The ways of Flow

Experience the Enneagram Levels of Development

30 March—1 April 2012

Western Cape: Tulbagh

The Blue Butterfly Retreat Centre

Retreat Intention:

South Africa has an established and continually growing community of Enneagram Practitioners. To compliment how practitioners are applying the Enneagram, focused predominantly on personality, our aim is to emphasize aspects of the Enneagram, which will deepen and provide additional application opportunities for personal development and change in groups, teams, and organizations.

In collaboration with Don Riso, Russ Hudson, Albert Kamphuis and the Nine Domains Group we would like to position the Enneagram from a Change Management, Innovation and Organic Growth Perspective.

We are committed to deepening your personal experience of the Enneagram. Whether you're studying, teaching, or coaching the Enneagram, this retreat will provide you with more practical application possibilities.

During this two-day retreat we will

- Experience Working with the Enneagram Levels of Development which has applicability for managing individual, group or system change and transformation.
- Introduce practices which realign your intention to your innate talents. We will practice, deepen the practice and continually experience opening up and holding a more conscious space for yourself and others.



Pre-requisites:

To receive the most benefit from this retreat, you will need to know your Enneagram Type and be conversant with the basics of the Enneagram language.

The facilitators and retreat process will be able to work with different levels of Enneagram understanding. Whether you are a thought leader, highly experienced, starting to learn or somewhere in-between working with the Enneagram this is completely fine. To make it meaningful we work with where you are at.

Content

This retreat is focused on the experiential. In addition we will introduce the Levels of Development (LoD) and Levels of Functioning (LoF). This is based on the work of Don Riso, Russ Hudson and the Nine Domains Group.

We will include the application value of the Nine Domains, Process Enneagram (InnovationCircle), Triadics, Integration of the Centers together with the LoD and LoF.

The take home materials from this retreat include a Riso Hudson Levels of Development Pocket Guide; Nine Domains supporting Materials and the 9 Transcriptions of Egowise Leadership. The latter is based on the book by Albert Kamphuis: *Egowise Leadership & the Nine Creating Forces of the InnovationCircle*.

Experiential Process

To lead the facilitation and hold the space, Albert Kamphuis will be facilitating the Retreat Process and at different points during the programme he will co-facilitate with authorized Riso Hudson and Nine Domains facilitators.

The experiential process focuses on awareness of the dynamics of your personality. The exercises will give you plenty opportunity to ignite changes in your awareness and therefore bring forward your essence in the here and now. This enables the full potential of your talents as you experience the flow moments of your being, doing and feeling.

Your answers to the daily questions of life will shift.



Facilitators

Albert Kamphuis

Contact Details:

Email:

albert@egowijleiderschapacademie.nl

Mobile: (+31)(0)6-53163760

Skype: albertkamphuis

Website:

www.egowiseleadershipcircle.com

ALBERT KAMPHUIS MSC graduated in 1984 as a cultural anthropologist at the University of Leiden. He was International Management Consultant with the Dutch Multinational Philips for 5 years and established as an independent Management Consultant since 1989, his focus is on the influence of personality structures on leadership, strategy definition, innovation effectiveness, project management and team development.

Trained in many personality approaches, like MBTI, he started with the Enneagram in 1994. As a facilitator and coach, he guided hundreds of teams and managers through breakthrough innovation workshops, team meetings, interactive policy formulation and leadership development. His (team) coaching and trainings focus on personal mastery in business

Monika Adelfang

Contact Details:

Email: mons@ninedomains.com

Mobile: (+27)83 522 7899

Skype: monika.adelfang

Website: www.ninedomains.com

In 2000, Monika started studying the Enneagram as a student of Don Riso and Russ Hudson Enneagram Institute. She is a Riso Hudson Authorized Training Provider since 2007. In 2008, she was one of the co-founders of the Nine Domains Group, focusing on applying the Enneagram in complex systems.

Monika sees herself as a lifelong student of the Enneagram. She is called by her nick name Mons. Mons is a Type 5w4 (SO – SX – SP)

Mons has been working professionally in the field of Change Management for the last 12 years. She facilitates change processes within Groups. She is a TOGAF certified Enterprise Architect, focused on People Architecture. Her passion is to facilitate and trigger the healthier and more sustainable functioning of teams, organizations and families.



Barry Coltham

Contact Details:

Email: barryc@awards.co.za

Mobile: (+27) 832595019

Office: (+27) 21 7002300

Skype: barrycoltham

Barry is a professional business leader, facilitator, teacher, and coach.

He has an Honours Science Degree in Chemistry & Oceanography. Career path included applied chemistry, process engineering, and business performance improvement.

Masters degree in Business Leadership—last 22 years has focused on Change in business through the Science & Art of Human Performance Technology.

Has special interest in research, consulting, and facilitating performance improvement in the workplace.

Has worked with the Enneagram since 2003.

Developer and Faculty member of the Nine Domains Group. He is also an authorized Training Provider and certified Enneagram Institute Teacher (Riso Hudson).

Barry is a 6w5 (SX-SP-SO)

Joni Peddie

Contact Details:

E-mail: joni@bizcomm.co.za

Website

www.bizcomm.co.za

Phone: (+27) 11 447 8642

Mobile: (+27) 82 490 9975

Joni's background is Corporate Marketing: while working for 3 different Multinationals, she experienced the full spectrum of “boardroom battles,” “meeting mania,” and—on the positive side—teams working “in flow” and at peak performance. Fifteen years ago, Joni started The BizComm® Group—a Skills Development Company. She now fulfills her life purpose as a human behaviorist working with individuals and corporate teams as a Coach and a straight-talking Facilitator. In a world of dynamic complexity, there is a desperate need for self-awareness, agility, and a greater understanding of “what makes others tick” ... and most importantly, interpersonal skills—all of which Joni embodies and teaches others.

Joni has facilitated The Integrated Leader Programme™ with corporate teams for the last 8 years. The Enneagram is the core of this 11-module programme. In addition, Joni now uses the Nine Domains Approach and the TOLAT Survey to offer teams an assessment that is “precise, practical & perceptive.” Joni overheard a client speaking of her team: “I have measured what I value, and now with the TOLAT Journey, I can also manage what I've measured.”



Logistics and Costs

The cost for the two day retreat, including **accommodation**, catering, retreat handouts and facilitation is **R 3 000** per person. (Approximately \$300 per person)

If you live in the surrounding area and decide **not to stay overnight** the cost for the two days is **R2750** per person. We invite you to stay for a delicious dinner before you travel home to retire for the night. (Approximately \$275 per person)

We have chosen a special venue for this retreat. If you would like to ‘get a feel’ for The Blue Butterfly Retreat Centre, please visit, <http://www.thebluebutterfly.co.za>

For reservations and payment please contact the Nine Domains Group at: reservations@ninedomains.com

Retreat Outline

Friday Night – 30 March

18h00	Check-In and Dinner
19h30	Sawubona Exercise
	Introduction to the Enneagram related Levels of Development & Exercise
	Introduction Innovation Circle
21h30	Retire for the night

Saturday – 31 March

07h00	Nine Domains Centering (Optional)
09h00	Mature Contribution Exercise
12h30	Delicious Lunch
14h30	Nine Domains of Intention; Your Attention to Intention Exercise
16h00	“What would the world look like?” Exercise
18h00	Delicious Dinner
19h00	Exercise: Recognizing where others are coming from?
	Exercise: What drives your path for change?
	The Level 4 paradox: the choice of freedom
21h00	Retire for the night

Sunday – 1 April

07h00	Nine Domains Movements (Optional)
09h00	Managing the Self
10h30	Realigning to Level 3 Intention: The grace of Greatness: allowing the awareness of being
12h30	Delicious Lunch

